

Getting started is easy.

If you've never seen a therapist before, you might wonder what to expect.

When you call our information and appointment line at 303 730 8858, you'll be connected with a professional who will take you through a brief screening process. These questions will help to determine which therapist is best for you. Then you can schedule a convenient appointment.

When you meet with your therapist, you can discuss your concerns in more depth. And together, you'll decide on a treatment plan that will set you on the path to resolving your issues...so you can live a healthier, happier life.

Our clients tell us they are very pleased with Turning Points.

In a recent survey, 99 percent said they were satisfied with the services they received, and 85 percent said the issues for which they sought treatment had improved.



We can help you live a healthier, happier life.

Information & Initial Appointment
303 730 8858

Private offices in two locations:

Littleton

5984 S. Prince Street, Suite 101
Littleton, CO 80120

Inverness

155 Inverness Drive West, Suite 140
Englewood, CO 80112

turn-to-us.com



**Life has
emotional challenges.
You can meet them.**

Everyone needs a little help now and then.

Many of us find ourselves trying to cope with emotional issues such as relationship difficulties, anxiety and depression. For children, these issues may show up as behavioral problems.

Often, we're not sure what is wrong. Sometimes, we're not even sure that anything *is* wrong. But maybe one or more of these statements feels familiar?

My partner has a substance abuse problem.

It's hard to make it through the day.

I'm devastated at the loss of my job.

Our kid's behavior is making life hard for all of us.

I'm angry all the time.

I can't seem to move past my divorce.

My spouse just died. I don't find much joy in life.

We often think we should be able to resolve these issues on our own.

But wouldn't you welcome a little help from a caring, experienced therapist?



Day and evening appointments.
Ample free parking.
Convenient light rail access.

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For online maps and public transit directions, visit turn-to-us.com.

Let us help you find the therapist best suited to your needs.
Call us today. 303 730 8858

turn-to-us.com

Turning Points can provide that help.

The therapists at Turning Points are experienced in dealing with behavioral and emotional issues. They are thoroughly trained professionals who have earned either master's or doctorate degrees.



Turning Points offers:

- **Confidential therapy and counseling**
We provide a variety of therapeutic approaches, including cognitive behavioral therapy and solution-focused treatment, to individuals, couples, families, seniors, teens and children.
- **Board-certified psychiatrists**
Conveniently located in the same office, our in-house doctors can prescribe medication, if needed, and provide any ongoing management.
- **An extensive referral network**
We have access to specialized mental health providers in nearly every area of behavioral health, including substance abuse treatment, residential treatment, victim services, mental health crisis, case management services and more.

Our services are available to clients with insurance as well as those who choose to pay out-of-pocket.

Turning Points can help you and your loved ones turn the corner...and get back to living a healthier, happier life.