

FOR IMMEDIATE RELEASE

## **Arapahoe/Douglas Mental Health Network Expands Clinical Services; Moves Administration Headquarters to Inverness Business Park**

**ENGLEWOOD: (Jan. 29, 2009)** – Arapahoe/Douglas Mental Health Network (ADMHN) has expanded its array of mental health services with the opening of two clinical offices at its new administrative headquarters in Inverness Business Park.

Services offered at the Inverness location include a new *Child & Family Services* office that provides mental health counseling and treatment services for infants through 18-year-olds and their families. Individual and group therapy; family therapy; play therapy; Attention Deficit Disorder (ADD) and Attention Deficit Hyperactivity Disorder (ADHD) counseling, and adolescent substance abuse treatment services are offered. Medicaid and most private insurances are accepted.

*Turning Points, A Counseling and Psychiatric Practice*, also has opened a second office at the Inverness site. Turning Points, a program of ADMHN, is a private-practice model geared to adults needing mental health treatment services for issues including, depression, bi-polar disorder, anxiety, marriage and family counselling and parenting help. Private insurance and self payment are accepted.

The move to Inverness allows ADMHN to increase mental health services and be more accessible to people in its service area, especially those who reside in eastern Arapahoe County and Douglas County. “We serve a number of families within the Cherry Creek school system and this location east of I-25 is more convenient for them,” said Scott Thoemke, executive director and CEO, ADMHN. Another draw is our location next to the RTD Dry Creek Light Rail Station, which makes it easy for those who use public transportation.”

The 45,000 square-foot, three-story building also houses ADMHN’s administration offices, executive team, human resources, development, marketing and public relations, accounting and information services. Arapahoe/Douglas Mental Health Network rents space to affiliate healthcare organizations Behavioral Healthcare, Inc., and InNET, plus other tenants. The Arapahoe/Douglas chapter of National Alliance for the Mentally Ill (NAMI) enjoys donated space on the 2<sup>nd</sup> floor.

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ADMHN, founded in 1955, is a private, nonprofit organization that provides mental health and substance abuse treatment services for individuals of all ages. ADMHN has 11 locations including Littleton, Parker and Castle Rock. For more information, visit [admhn.org](http://admhn.org).

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**About Arapahoe/Douglas Mental Health Network (ADMHN)**

ADMHN is a private, nonprofit 501 © (3) corporation providing professional, comprehensive behavioral health care and substance abuse treatment primarily, but not exclusively, serving the communities of Arapahoe and Douglas Counties. We offer programs for adults, seniors, families, couples and children. These services include counseling, psychiatry, crisis services, case management, substance abuse treatment, victim services, an adult acute treatment unit, adult supported and residential housing, services to the criminal justice system, vocational and social rehabilitation, a day treatment therapeutic school and school-based services. Arapahoe/Douglas Mental Health Network has an on-site pharmacy. We offer community education, wellness programs and a Speakers Bureau.

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