

Arapahoe/Douglas Mental Health Network
Community Education

Becoming a Love and Logic Parent[®]

Make your home a happier place!



Learn to stop the bickering
...attitude...tantrums...whining
...homework hassles
...grocery store meltdowns...
and more.



Turning Points

A Counseling & Psychiatric Practice

A PROGRAM OF
ARAPAHOE/DOUGLAS MENTAL HEALTH NETWORK

Becoming a Love and Logic Parent®

This workshop provides parents with easy-to-learn tools to solve parenting problems and to raise responsible, confident children.

Teach your kids about consequences.

Becoming a Love and Logic Parent® will show you how to share control with your children while also teaching them accountability. You'll learn how to parent with empathy and logical consequences. You'll understand how you can create opportunities for your child to:

- Increase thinking skills.
- Anticipate and understand consequences.
- Apply problem-solving skills.
- Make better decisions.

As a parent, you will learn to:

- Easily set limits and enforce rules.
- Create and apply effective consequences.
- Teach your children to solve problems by themselves.
- Avoid power struggles.
- Have more fun with your kids.
- Discover that you have more patience and energy.
- Enjoy parenting more.



learn
create
inspire
imagine
become



WHEN

Two Saturdays – August 7, 14
9 am – 1 pm
(Two four-hour sessions)

LOCATION

155 Inverness Drive West
Englewood, CO 80112

COST

\$50 per individual / \$75 per couple
Bring your spouse, partner, childcare provider or friend.
Includes a healthy snack.

PRESENTER

Melissa Jaques, MA, LPC
Turning Points
at Arapahoe/Douglas
Mental Health Network

Register now.
303 779 9676

About the Presenter

Melissa Jaques, MA, LPC is trained as a *Becoming a Love and Logic Parent*® facilitator. She has a master's degree in Counseling Psychology and Counselor Education, with an emphasis in family counseling.



As a Licensed Professional Counselor, Melissa works with children, adolescents and families at *Turning Points, A Counseling & Psychiatric Practice*. She uses Love and Logic® techniques as well as multiple therapeutic approaches.

Love and Logic® Program

This well-researched, critically acclaimed program is extremely effective at improving the behavior of children and adolescents using new parenting strategies. It was developed by school administrator Jim Fay, school psychologist Charles Fay, PhD, and renown psychiatrist Foster Cline, MD. To learn more, visit LoveAndLogic.com.

Arapahoe/Douglas Mental Health Network offers many Community Education classes. Please visit admhn.org.



This Community Education program is brought to you by:



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A Counseling & Psychiatric Practice

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Suite 140, Englewood, CO 80112
turn-to-us.org