

Referral Guidelines

BridgeHouse-ATU.com

What is Bridge House Acute Treatment Unit?

Bridge House is a 16-bed acute treatment unit (ATU) for adults in need of short-term psychiatric stabilization. Admissions and discharges are available 24/7. Our facility is designed for individuals whose behaviors and/or symptoms of their mental illness are creating a crisis for them, their families or others.

We offer a structured, clinically focused treatment program with daily psychiatric nursing care, licensed-therapist interventions, as well as psychiatrist evaluations and medication management. Bridge House is a 72-hour evaluation facility and is able to accept mental health holds. We also offer a 23-hour observation service to determine if admission to this level of care, or a higher level of care, is required. Bridge House is contracted with Medicaid and a wide variety of private insurances. A modern 11,000-square-foot facility located adjacent to a soothing nature area, Bridge House provides professional care for individuals in an atmosphere that supports recovery.

How do I refer an individual to Bridge House?

- 1) Call Bridge House 24/7 at 303 730 0797 to **check on bed space availability**. We accept round-the-clock admissions.
- 2) **Fax all relevant clinical notes**, including the current primary diagnosis related to the emergent situation, along with current medical and substance use information including toxicology and labs if available. Please note that Bridge House is unable to accept clients whose reason for admission is due to anything other than mental illness.
- 3) A **nurse-to-nurse consultation** may be necessary to promote effective continuity of care.

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Bridge House Acute Treatment Unit is a program of Arapahoe/Douglas Mental Health Network. The network offers comprehensive behavioral health services for adults, seniors, families and children.

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| • Counseling – Individual, Group, Family | • Substance Abuse Treatment | • Criminal Justice Services | Information, Initial Appointment 303 730 8858
Emergency & Crisis Intervention 303 730 3303
Pharmacy 303 797 2500 |
| • Psychiatry | • Victim Services | • Clubhouse – Vocational/Social Rehab | |
| • Case Management | • Adult Acute Treatment Unit | • Day Treatment Therapeutic School | |
| • Education & Wellness Programs | • Adult Supported & Residential Housing | • School-based Services | |

Bridge House Acute Treatment Unit - Referral Guidelines (continued)

- 4) If the client has a primary insurer, please **contact the private insurance company for a referral** for authorization. The client **must be informed of any private insurance co-pays or admission fees** prior to admission at Bridge House.

- 5) Depending on referral appropriateness, bed availability, unit acuity and other factors, **we evaluate our ability to admit and effectively care for each and every referral** prior to accepting the referral.

- 6) Please **provide contact information for the client's case manager, therapist, psychiatrist, or Utilization Management** staff responsible for continued authorization of services if available.

- 7) Please **arrange for the individual's transportation** to Bridge House.

For more information, contact:

Betsy Coppock, LPC – Clinical Supervisor, 303 953 3208

Mick Barrett, LMFT – Program Manager, 303 953 3211

Thank you for your referrals.

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